

Handbook Of Hypnotic Suggestions And Metaphors Hardcover

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Alfred Betts Taplin

designed as a practical desktop reference this official publication of the american society of clinical hypnosis is the largest collection of hypnotic suggestions and metaphors ever compiled it provides a look at what experienced clinicians actually say to their patients during hypnotic work a book to be savored and referred to time and again this handbook will become a dog eared resource for the clinician using hypnosis

this scarce antiquarian book is a facsimile reprint of the original due to its age it may contain imperfections such as marks notations marginalia and flawed pages because we believe this work is culturally important we have made it available as part of our commitment for protecting preserving and promoting the world s literature in affordable high quality modern editions that are true to the original work

as a rule i no longer give hypnotic suggestions to my clients the result is that hypnosis works every time for every client i have this second edition of mind control hypnosis invites anyone interested in hypnosis to consider how as a hypnotist making a few seemingly small changes can give you unbelievable results here are few gems that you ll learn from reading mind control hypnosis you ll learn how to increase your effectiveness as a hypnotist by never giving a hypnotic suggestion what you believe as a hypnotist has a direct result on your effectiveness you ll learn some central beliefs held by the best hypnotists alive you ll learn how to create hallucinations in people in and out of hypnosis you ll learn how to program your clients mind to say yes automatically to all your instructions this make hypnosis easy for you and effective for them you ll learn why direct hypnosis as opposed to permissive or ericksonian hypnosis is the most direct and fastest way to get results you ll learn why most hypnotist don t tell the truth when they claim you can t be hypnotized to do something against your will the truth is of course you can it s just not always a good idea most hypnotists will tell you you can t be made to do something in hypnosis that is against your will most of them actually believe it but a few of the most experienced hypnotists simply say it to put people at ease they know that in the right hands very few people can resist a skilled hypnotist skilled hypnotists know what it takes to resist suggestions and it s not what most people would think there are two reasons hypnotists continue to hold so tightly to this information about the human will reason 1 because they don t want others to have the power they have in spite of what they may want you to believe hypnotists are human beings they have egos and ambitions just like everyone else lot of hypnotists discover something that works really well and they ll want to keep it to themselves i m no different i sat on this for over a year before i decide to put it to

print reason 2 because it frightens away clients who believe they have some sort of will power the belief that we have control over our lives is one of our central needs that help us feel secure but the fact is most people have very little real will power for most people real will power is a myth a story even a fantasy facing this truth for most people is a humbling experience the secret of the human will is that it s much easier to overcome than anyone has ever thought the good news is that these secrets can help hypnotists and their clients to improve hypnotists become more effective and more compassionate and their clients discover exactly what they can do to the get most from any hypnosis session the book mind control hypnosis describes how skilled hypnotists bypass the human will and get people to do things that seem out of the ordinary thankfully most of these hypnotists are good and decent people who use this knowledge to help people improve their lives

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